



SWEDESBORO-WOOLWICH School District

March 2011



Visit our Website at: www.nsfm.com

Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Prices:</p> <p>Student Paid: 2.15 Student Reduced: \$0.40 Milk: .40</p> <p>Ala Carte and Snacks</p> <p>Kellogg's Bug Bite & Gripes LoFat Ice Cream .75 & 1.25 Fresh Fruit .30 Asst. Baked Chips .75 Knotz Pretzels .40 & .75</p> <p>Milk Choices: 1 & 2%, White, Skim Lo Fat Choco and Strawberry</p> <p>Lactate Milk Also Available with a Doctor's Note to the Nurse</p> <p>What's New this Month... <i>Vegetable of the Month:</i> Green Beans</p> <p><i>Fruit of the Month:</i> Peaches</p> <p>PrePaid Tickets Available: Name: Amount: Teacher:</p> <p>Balloons for Balanced Lunch</p> <p>Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow=Oils & X Energy</p>	<p style="text-align: center;">Available Daily:</p> <div style="display: flex; justify-content: space-around;"> </div> <p>Fresh Fruit Bread Basket</p>	<p style="text-align: center;">1</p> <p>Chicken Nuggets Dinner Roll Green Beans Chilled Peaches</p> <p>Alt: Pizza Dipper & Sauce Day-C Milk Choice</p>	<p style="text-align: center;">2</p> <p>Pancakes & Syrup Sausage Patty Hash Brown Sticks 100% Orange Juice</p> <p>Alt: Rib-E-Que DAY-D Milk Choice</p>	<p style="text-align: center;">3</p> <p>Hot Dog on a Bun Baked Beans Applesauce</p> <p>Alt: Chicken Nuggets and Roll DAY-E Milk Choice</p>	<p style="text-align: center;">4 </p> <p>Ray's Pizza Slice Cucumbers & Ranch Dip Orange Smiles Kellogg's Bug Bites</p> <p>Alt: Tuna on Wheat Roll DAY-A Milk Choice</p>
	<p style="text-align: center;">7</p> <p>Cheesesteak Sandwich Oven Baked French Fries Hawaiian Pineapple Chunks</p> <p>Alt: Corn Dog DAY-B Milk Choice</p>	<p style="text-align: center;">8</p> <p>Chicken Patty on a Bun Greens Beans <i>1/2 oz. Bag of Chips</i> 100% Fruit Juice</p> <p>Alt: Pizza Dipper & Sauce DAY-C Milk Choice</p>	<p style="text-align: center;"><i>Ash 9 Wednesday</i></p> <p>Grilled Cheese Tomato Soup Goldfish Crackers Mixed Fruit</p> <p>Alt: Rib-E-Que DAY-D Milk Choice</p>	<p style="text-align: center;">"Give Away Day" 10</p> <p>Meat Loaf & Gravy Baked Potatoes & Sour Cream Diced Peaches </p> <p>Alt: Chicken Nuggets and Roll DAY-E Milk Choice</p>	<p style="text-align: center;">11</p> <p>Ray's Pizza Slice Celery & Dip Cling Sliced Peaches Kellogg's Gripz</p> <p>Alt: Tuna on Wheat Roll DAY-A Milk Choice</p>
	<p style="text-align: center;">14</p> <p>Chicken Fajita Golden Corn Pineapples Cinnamon Churros</p> <p>Alt: Corn Dog DAY-B Milk Choice</p>	<p style="text-align: center;">"RAFFLE DAY" 15</p> <p>Fish Sticks Macaroni & Cheese Seasoned Green Beans Fresh Orange</p> <p>Alt: Pizza Dipper & Sauce DAY-C Milk Choice</p>	<p style="text-align: center;">16</p> <p>Spaghetti & Meatsauce Garlic Italian Bread Green Peas Mixed Fruit Medley</p> <p>Alt: Rib-E-Que DAY-D Milk Choice</p>	<p style="text-align: center;">17 </p> <p>Ray's Pizza Mini Carrots Cling Sliced Peaches Kellogg's Cheese-it</p> <p>Alt: Chicken Nuggets and Roll DAY-E Milk Choice</p>	<p style="text-align: center;">18</p> <p style="text-align: center;">No School</p> <p style="text-align: center;">Teacher</p> <p style="text-align: center;">Inservice</p>
	<p style="text-align: center;">21</p> <p>Open Face Hot Turkey & Gravy Cranberry Sauce Carrots <i>Fresh Apple</i></p> <p>Alt: Corn Dog DAY-A Milk Choice</p>	<p style="text-align: center;">22</p> <p>Pop Corn Chicken Oven Brownd French Fries Seasoned Carrots Chilled Fruit Cup</p> <p>Alt: Pizza Dipper & Sauce DAY-B Milk Choice</p>	<p style="text-align: center;">23</p> <p>French Toast Sticks w/Syrup Sausage Patty Hot Cinnamon Apples 100 % Orange Juice</p> <p>Alt: Rib-E-Que DAY-C Milk Choice</p>	<p style="text-align: center;">24</p> <p>Meatball Sandwich Seasoned Green Beans Chilled Peaches</p> <p>Alt: Chicken Nuggets and Roll DAY-D Milk Choice</p>	<p style="text-align: center;">25</p> <p>Ray's Pizza Slice Tossed Salad & Dressing Fresh Fruit Choice Kellogg's Chewy Bar</p> <p>Alt: Tuna on Wheat Roll DAY-E Milk Choice</p>
	<p style="text-align: center;">28</p> <p>Open Faced Chicken & Gravy Cauliflower w/ Cheese Sauce 100 % Apple Juice</p> <p>Alt: Corn Dog DAY-A Milk Choice</p>	<p style="text-align: center;">29</p> <p>Italian Hoagie w/Toppings Crunchy Carrot Sticks Chilled Peaches Fun Size Bag of Chips</p> <p>Alt: Pizza Dipper & Sauce DAY-B Milk Choice</p>	<p style="text-align: center;">30</p> <p>Soft Shell Taco Seasoned Rice Golden Corn Chilled Peaches</p> <p>Alt: Rib-E-Que DAY-C Milk Choice</p>	<p style="text-align: center;">31</p> <p>Chili & Soft Roll Green Beans 100 % Grape Juice</p> <p>Alt: Chicken Nuggets and Roll DAY-D Milk Choice</p>	<p style="text-align: center;">Daily Alternates:</p> <p>Garden Salad w/Cheese & Fruit and Choice of Dressings</p> <p>Walter Hill's 2nd Daily Alternate: Chicken Patty on a Roll Milk Choice</p>
Menu subject to change without notice*	Questions or Comments:	Call Joyce Cornelison FSD	241-1136 X 1097	e-mail: swe@nsfm.com	