

SWEDESBORO-WOOLWICH SCHOOL DISTRICT

February 2012

Visit our Website at: www.nsfm.com

Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Prices:</u></p> <p>Student Paid: \$2.25 Student Reduced: .40 Adult Lunch: 4.00 Milk: .50</p> <p><u>Ala Carte and Snacks</u></p>	<p>WALTER HILL'S MONTHLY ALTERNATIVE</p> <p>GRILLED CHICKEN SANDWICH</p>		<p>1 HOT TURKEY on a whole grain torpedo Mashed Potato & Broccoli Fresh Orange Alt: Chicken Patty DAY B - Milk Choice</p>	<p>2 MOZZARELLA STICKS w/Marinara Dip & Garlic Pasta Ceasar Salad Mixed Fruit Cup Alt: Chicken Nuggets DAY C - Milk Choice</p>	<p>3 RAY'S PIZZA Fresh Celery Sticks w/ Dressing Applesauce Alt: Egg Salad DAY D - Milk Choice</p>
<p><u>Available Daily:</u> Cereal, Yogurt, Mini Bagel, Jelly, String Cheese, Veggies, Fresh Fruit, Choice of Milk</p> <p>Milk Choices; 1%, White, Choc. Strawberry, Skim</p>	<p>6 PIEROGIES w/ Sour Cream Whole Grain Dinner Roll Green Beans Mixed Fruit Cup Alt: Corn Dog DAY E - Milk Choice</p>	<p>7 MEATBALL PARMIGIANA on a Whole Grain Torpedo Roll Glazed Carrots, Salad 100% Juice Cup Alt: Pizza DAY A - Milk Choice</p>	<p>8 EGG & CHEESE on an English Muffin Ham Slice Potato Wedges, Orange Alt: Chicken Patty DAY B - Milk Choice</p>	<p>9 CHICKEN PATTY on a Whole Grain Bun Peas, Carrots Pears Alt: Chicken Nuggets DAY C - Milk Choice</p>	<p>10 RAY'S PIZZA Mixed Greens Salad Fresh Orange Jello Alt: Egg Salad DAY D - Milk Choice</p>
<p><u>What's New this Month...</u> <i>Vegetable of the Month:</i> Celery Sticks</p> <p><i>Fruit of the Month:</i> Pears</p>	<p>13 CHICKEN NUGGETS w/ Wheat Dinner Roll Corn 100% Grape Juice Cup Alt: Corn Dog DAY E - Milk Choice</p>	<p><u>VALENTINE'S GIVEAWAY</u> PASTA w/ MEAT SAUCE Garlic Bread Garden Salad Diced Pears Alt: Pizza DAY A - Milk Choice</p>	<p>15 PANCAKES w/ Syrup Cup Hash Brown Log Sausage Patty Fresh Orange Alt: Chicken Patty DAY B - Milk Choice</p>	<p>16 RAY'S PIZZA Celery & Carrot Sticks w/ Dressing Cup Assorted Fruit Choices Alt: Chicken Nuggets DAY C - Milk Choice</p>	<p>17 PRESIDENT'S WEEKEND NO SCHOOL</p>
<p>If a student has a milk allergy, Lactose Free Milk is available as a <i>substitution upon request.</i></p> <p><u>Balloons for Balanced Lunch</u> Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow=Oils & X Energy</p>	<p>20 PRESIDENT'S WEEKEND NO SCHOOL</p>	<p>21 FRENCH TOAST STICKS w/ Sausage Patty Hash Brown Potato 100% Orange Juice Cup Alt: Pizza DAY D - Milk Choice</p>	<p><u>RAFFLE DAY</u> CHEESE BURGER lettuce, tomato, pickles Baked French Fries Apple Sauce Alt: Chicken Patty DAY E - Milk Choice</p>	<p>23 NACHOS w/ Cheese & Beef Rice lettuce, tomato, salsa cup Fresh Orange Alt: Chicken Nuggets DAY A - Milk Choice</p>	<p>24 RAY'S PIZZA Ceasar Salad w/ Croutons Dried Fruit Mix Alt: Egg Salad DAY B - Milk Choice</p>
	<p>27 PHILLY CHEESE STEAK Sweet Potato Fries Mixed Greens Salad Applesauce Alt: Corn Dog DAY C - Milk Choice</p>	<p>28 ITALIAN HOAGIE w/ Chips & Pickles Green Beans Pears Alt: Pizza DAY D - Milk Choice</p>	<p>29 RIB-E-Q SANDWICH Baked Beans Salad Banana Alt: Chicken Patty DAY E - Milk Choice</p>	<p>DAY A - Milk Choice</p>	<p>DAY B - Milk Choice</p>
<p><small>Menu subject to change without notice*</small></p>					
Food Service Director - Michelle Barnabie			email: swe@nsfm.com		