

Lunch Menu <u>Prices:</u>	Monday	Tuesday	Wednesday	Thursday	Friday
	Student Paid \$2.25 Student Reduced .40 Adult Lunch 4.00 Milk: .50  <b><u>Ala Carte and Snacks</u></b> <b><u>Available Daily</u></b> Cereal, Yogurt, Mini Bagel, Jelly, String Cheese, Veggies, Fruit, Choice of Milk  <b><u>Milk Choices Include:</u></b> 1% White, Skim, 1% Strawberry Fat Free Chocolate <i>If a student has a milk allergy, Lactose Free Milk is available as a substitution upon request.</i>	<b>2</b>  <b>School Closed</b>	<b>3</b> PIZZA DIPPERS w/ Dipping Sauce Fresh Veggies Mixed Fruit  Day B - Milk Choice	<b>4</b> HOT DOG on a whole grain roll Garden Salad Apple Slices  Day C - Milk Choice	<b>5</b> CHEESE BURGER on a whole grain bun Fresh Veggies Pear Cup  Day D - Milk Choice
	<b>9</b> CHICKEN NUGGETS w/ whole grain dinner roll Fresh Veggies 100% Juice Cup  Day A - Milk Choice	<b>10</b> PIZZA DIPPERS w/ Dipping Sauce Fresh Veggies Apple Slices  Day B - Milk Choice	<b>11</b> HOT DOG on a whole grain roll Garden Salad Fresh Fruit  Day C - Milk Choice	<b>12</b> CHEESE BURGER on a whole grain bun Baby Carrots w/ dressing Mixed Fruit Cup  Day D - Milk Choice	<b>13</b> CHICKEN PATTY Garden Tossed Salad w/ Dressing Apple Sauce  Day E - Milk Choice
	<b>16</b> Martin Luther King Jr. Day  <b>No School</b>	<b>17</b> PIZZA DIPPERS w/ Dipping Sauce Fresh Veggies 100% Juice Cup  Day A - Milk Choice	<b>18</b> HOT DOG on a whole grain roll Vegetarian Beans Pear Slices  Day B - Milk Choice	<b>19</b> CHEESE BURGER on a whole grain bun Cheese, Lettuce, Tomato Cup Pineapple Tidbits  Day C - Milk Choice	<b>20</b> CHICKEN PATTY Caesar Salad w/Croutons Cling Peaches Pudding  Day D - Milk Choice
	<b>23</b> CHICKEN NUGGETS w/ whole grain dinner roll Garden Salad Fruit Choice  Day E - Milk Choice	<b>24</b> PIZZA DIPPERS w/ Dipping Sauce Garden Salad Fresh Apple Slices  Day A - Milk Choice	<b>25</b> HOT DOG on a whole grain roll Glazed Carrots Banana  Day B - Milk Choice	<b>26</b> SLOPPY JOE on a whole grain bun Fresh Veggies Mixed Fruit Cup  Day C - Milk Choice	<b>27</b> CHICKEN PATTY Caesar Salad w/Croutons Choice of Fruit Chocolate Chip Cookie  Day D - Milk Choice
<b><u>Balloons for Balanced Lunch</u></b> Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow = Oils & X Energy	<b>30</b> PIZZA BURGER on a whole grain bun Fresh Veggies Diced Peaches  Day E - Milk Choice	<b>31</b> PIZZA DIPPERS w/ Dipping Sauce Fresh Veggies Fresh Fruit  Day A - Milk Choice			

Menu subject to change without notice\*

Food Service Director - Michelle Barnabie

Email: [SWE@nsfm.com](mailto:SWE@nsfm.com)