



SWEDESBORO-WOOLWICH School District

September 2010



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Menu</p> <p><u>Prices:</u></p> <p>Student Paid: 2.15 Student Reduced; \$0.40 Adult Lunch 4.30 Milk: .40 2nd Entrée 1.25</p> <p><u>Ala Carte and Snacks</u></p> <p>Lo Fat Cookies .35 Knotz Pretzels .34 & .75 Fresh Fruit .30 Lo Fat Ice Cream .75 & 1.50</p> <p>Milk Choices: 1% & 2% White Lo Fat Choco. & 2 % Strawberry</p> <p><u>What's New this Month...</u></p> <p><i>Vegetable of the Month:</i> Potatoes </p> <p><i>Fruit of the Month:</i> Watermelon</p> <p><u>PrePaid Lunch Available :</u> <i>In a Marked Envelope Please</i> Name: Amount: Teacher:</p> <p><u>Balloons for Balanced Lunch</u></p> <p> Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow=Oils & X Energy</p>	<p style="text-align: center;">Available Daily:</p> <p style="text-align: center;"> Fresh Fruit Bread Basket</p> <p style="text-align: center;">LABOR DAY SCHOOL CLOSED</p> <p style="text-align: center;">13 Chicken Patty on a Wheat Roll Green Peas Cup of Cherries & Topping Alt: Hot Dog on a Roll Day-C Milk Choice</p> <p style="text-align: center;">20 Cheeseburger on a Wheat Bun Oven Baked Fries Diced Peaches Alt: Hot Dog on a Roll Day-C Milk Choice</p> <p style="text-align: center;">27 Pizza Dippers Marinara Sauce Seasoned Green Beans Cup of Pears Alt: Hot Dog on a Roll Day-C Milk Choice</p>	<p style="text-align: center;">ALL SCHOOLS DAILY ALTERNATE: Cereal, Yogurt, Mini Bagel String Cheese, Jelly & Veggies & Choice of Milk</p> <p style="text-align: center;">7 Fish Sticks Dinner Roll Tater Tots Grape Bunch Alt: Pizza Slice Day-D Milk Choice</p> <p style="text-align: center;">21 Nachos & Cheese Salsa Cup <i>Lettuce & Tomato</i> Frozen 100% Icy Juice Alt: Pizza Slice Day-D Milk Choice</p> <p style="text-align: center;">28 Soft Shell Chicken Wrap Lettuce & Tomato Cheese Cup Watermelon Slice Alt: Pizza Slice Day-D Milk Choice</p>	<p style="text-align: center;">1 ALL SCHOOLS EXCEPT MARGARET CLIFFORD 2ND Daily Alternate Choice: Garden Salad w/Mixed Greens Veggies, Cheese, Crackers & Choice of Milk</p> <p style="text-align: center;">8 Soft Shell Tacos Lettuce, Tomato & Cheese Cup Corn & Rice Golden Pineapple Chucks Alt: Grilled Cheese Sandwich Day-E Milk Choice</p> <p style="text-align: center;">15 "RAFFLE DAY" 22 Pasta & Meatballs Garlic Bread Garden Salad & Dressing Sliced Pears Alt: Grilled Cheese Sandwich Day-E Milk Choice</p> <p style="text-align: center;">29 French Toast Ham Slice 100% Fruit Juice Cup Applesauce Alt: Grilled Cheese Sandwich Day-E Milk Choice</p>	<p style="text-align: center;">2 WALTER HILL'S MONTHLY ALTERNATE: CHEESEBURGER ON A WHEAT BUN</p> <p style="text-align: center;">9 WELCOME BACK Hot Dog on a Roll Baked Beans Applesauce Alt: Chicken Nuggets & Roll Day-A Milk Choice</p> <p style="text-align: center;">16 Ham & Cheese Sandwich on a Wheat Bun Hash Brown Stick Applesauce Alt: Chicken Nuggets & Roll Day-A Milk Choice</p> <p style="text-align: center;">23 Rib E Que on a Roll Tater Tots Peaches Fire Cracker Jr. Alt: Chicken Nuggets & Roll Day-A Milk Choice</p> <p style="text-align: center;">30 Corn Dog Green Peas Mixed Fruit *****GIVE AWAY DAY***** Alt: Chicken Nuggets & Roll Day-A Milk Choice</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">10 RAY'S Pizza Mini Carrots & Dip Assorted Snacks Chilled Fruit Alt: Egg Salad on Wheat Bun Day-B Milk Choice</p> <p style="text-align: center;">17 RAY'S Pizza Fresh Peppers and Ranch Dip Mixed Fruit Mini Rice Krispy Treat Alt: Egg Salad on Wheat Bun Day-B Milk Choice</p> <p style="text-align: center;">24 RAY'S Pizza Cucumbers & Ranch Dip Assorted Fruits Jell-o & Topping Alt: Egg Salad on Wheat Bun Day-B Milk Choice</p>
Menu subject to change without notice*	Any Questions Please call	Joyce Cornelison FSD @	241-1136 X 1097	swe @nsfm.com	